

# COVID-19

## HOW TO STAY SAFE ON AN INTERNATIONAL VESSEL



Please print this off and share with your colleagues and make it available to anyone who enters the port.

To protect yourself and others from COVID-19 when you board an international vessel, you need to follow the advice below.

### THE CORRECT USE OF PPE

#### Facemasks must be worn.

Goggles, face shields and gloves will provide additional protection and can reduce the spread of infection when used correctly.



Everyone should be wearing masks on the vessel and if someone is not, remove yourself from the situation.



Wear single use gloves where possible and do not touch your face or anyone else once they're on.



Clean your hands before you put on your face masks, goggles or face shield if you are not wearing gloves.



Make sure the mask covers your nose, mouth and chin.

Replace the mask if it becomes damp, damaged or dirty.

After use, take your mask off by removing it from the earloops so as not to touch the actual mask piece and ensure no one else can come into contact with it after disposal.



### PRACTICING GOOD HYGIENE

Wash your hands with soap and water for at least 20 seconds, and dry thoroughly.



Cough or sneeze into your elbow or by covering your mouth and nose with tissues.



Don't touch your eyes, nose or mouth if your hands are not clean.

Safely dispose of used tissues immediately.

If you're not feeling well, stay home and call your GP or call Healthline on 0800 358 5453.



### WHILE ON THE SHIP

Plan ahead for your time on the ship so you are there for the shortest amount of time possible.



Minimise contact with anyone on-board and practice social distancing where you can.

Do not eat or drink anything on the ship that you have not brought with you.



Do not eat or drink with the crew and do not sleep overnight on board.

### USE THE NZ COVID TRACER APP



If you are an essential worker who goes onto a ship, you have a responsibility to use the contact tracing app.

If you don't already, begin using the app at every opportunity including when you're going on to the port or visiting separate parts of the port, and after you leave the port.



Visit the official [covid19.govt.nz](https://www.covid19.govt.nz) page if you want to get a QR code to display for people to use at your location.

Ensure your phone has sufficient battery time remaining when you leave the house for the day, to ensure you can operate the tracer app throughout the day.



### TESTING

If you go on an international vessel you will be required to be tested.

In most cases you will need to be tested on the 14th day after you first go on board, and, strictly speaking, on each 14th day thereafter (or as close as possible to the 14th day).



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against  
COVID-19